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Dear Patrick,

Welcome to December's Lunch Notes!

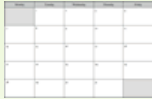
We hope you're enjoying Lunchtaker, and getting some really good ideas! Best wishes for a wonderful holiday season!

Thanks!

Amy & Scott - Lunchtaker.com

Calendars

As we enter the busy holiday season, take some time to get organized! Our printable calendars help you plan ahead for a week or month of lunches. Sign in to learn more on the [Calendars](#) page!



Get Social!

Get updates from us and those listening in:
[Join our Facebook group](#)
[Follow us on Twitter!](#)



Gingerbread!

Whether you are ready to create and bake your own, or to use one of the many kits available, making a gingerbread house is a perfect family activity.

We just finished building the biggest one we've done together, and would love for you to read about it!

[Read More](#)



A Season of Holidays

Visit our new pages for [Hanukkah](#), [Kwanzaa](#) and [Christmas](#), and learn more about each holiday. Is something missing from a holiday page that's always on your table? Do you have culinary holiday traditions you'd like to share with others? Let us know!

Lunchtaker Blog

Our blog is a great way for you to keep in touch with what's new in the world of the lunchbox, and easily comment on it!

RECENTLY POSTED

- [How many calories do you need?](#)
- [Sandwich Savings](#)
- [Save \\$750 a year with cold-brewed coffee \(!\)](#)
- [The Great Milk Debate \(gulp!\)](#)
- [Fruit Snacks](#)
- [Visit the Blog for more...](#)



Do you have a topic you'd like us to research and write about?
[Let us know!](#)

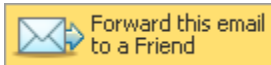
Add Your Own Items!

You asked for an easier way to contribute your own lunch

ideas... We've been working hard! Adding an item is simple: just add the name, ingredients and preparation details, and we'll calculate the nutrition for you! Then, e-mail us a picture and your item will be up on Lunchtaker for all to see! It's as easy as 1-2-3... [Sign In or Sign Up](#)

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