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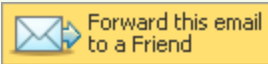
Add Your Own...



Share your lunch food ideas with others! Learn more about [adding items](#), or about [taking great pictures](#).

Help Us Grow!

Do you enjoy visiting the site? Help us grow by telling others about it!



How can I make sure my child's lunch actually gets eaten?

Peer pressure can be tough on little ones, especially in the lunch room. There are a few things you can do to help make sure your child eats the lunch you've sent, or (gulp!) doesn't throw it all in the trash!

[Read More](#)



Dear Scott,

Welcome to March's Lunch Notes!

Thank you for registering on our site! We hope you're enjoying Lunchtaker, and getting some really good ideas. We welcome your comments on lunch items, articles, and in our new discussion groups, and love the feedback we're getting from Lunchtaker members. Keep the comments coming!

Thanks!

Amy & Scott - Lunchtaker.com



St. Patrick's Day

How many leaves have been found on a single clover? What are your odds of finding a four-leaf clover? How can you add some green into your lunch on this holiday? Find out all of that and more in the [St. Patrick's Day article](#).

Discussed...

Lunchtaker now has discussion groups!

Add your own thread, or check out what others have written. [Visit the Discussion Groups](#)



Recently Discussed: Every Sunday we plan out the week's lunch menu. We clear one shelf of the fridge for lunch things and pack what can be packed ahead in here. Each morning, we make what we need to be fresh that day, and grab sides or main course from the lunch shelf. [Read More & Comment](#)

Calling All 'U' Foods

Have you see the [alphabetic listings of lunch items](#)? You can help fill in the blanks! If you have a favorite "U" food, or "I", "J" or "Q" for that matter, enter it on the site and share it... we'd love to have a complete alphabet!

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